TOTAL HELIUM LTD.

Suite 3123 – 595 Burrard Street Vancouver, British Columbia V7X 1J1

WINTERTIDE VENTURES INC. HAS CHANGED ITS NAME TO TOTAL HELIUM LTD.

September 30, 2021 – Vancouver, British Columbia – Total Helium Ltd. is pleased to announce it has changed its name from "Wintertide Ventures Inc." to "Total Helium Ltd."

For further information, contact 604.609.6110.

On behalf of the Board,

Total Helium Ltd.

Gordon Keep, Director