



TOTAL HELIUM ANNOUNCES BOARD CHANGE

VANCOUVER, B.C., January 10, 2024 – Total Helium Ltd. (“Total Helium” or the “Company”) (TSXV: TOH), (OTCQB: TTLHF) (FRA: Y02.F) announces today that the Company has accepted the resignation of Mrs. Diana McQueen as a Director of the Company and would like to thank her for her contributions and wish her every success in her future endeavours.

ABOUT TOTAL HELIUM LTD.

Total Helium is a helium exploration and production company with interests in the prolific Holbrook basin of Arizona. For more information, please visit SEDAR+ (www.sedarplus.ca) and the Company’s website (www.totalhelium.com).

FOR FURTHER INFORMATION

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Forward Looking Statements

Statements included in this announcement, including statements concerning our plans, intentions and expectations, which are not historical in nature are intended to be, and are hereby identified as, “forward-looking statements”. Forward-looking statements may be identified by words including “anticipates”, “believes”, “intends”, “estimates”, “expects” and similar expressions. The Company cautions readers that forward-looking statements, including without limitation those relating to the Company’s future operations and business prospects, are subject to certain risks and uncertainties that could cause actual results to differ materially from those indicated in the forward-looking statements.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.